

Growing Healthy Families

BENNINGTON DISTRICT OFFICE • Vermont Department of Health, WIC Program
324 Main Street, Suite 2, Bennington, VT 05201 • 1-802-447-6408 or 1-800-637-7347



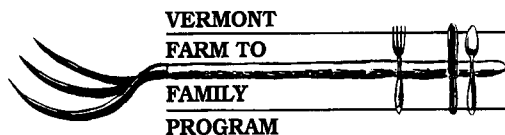
Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

There is a \$60 maximum benefit per family. Mark your calendar now — attend one of the activities listed here to pick up your coupons. Can't make any of these dates? Go to www.WICHealth.org and complete a fun activity involving fruits and vegetables. See the back of this page for directions.

See you this summer!



Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more!

Drop in anytime during the times listed.

DATE	TIME	PLACE
Friday, July 11	1:00–4:00 p.m.	Vermont Department of Health/WIC Office 324 Main Street Bennington
Saturday, July 12	10:00 a.m.–1:00 p.m.	Bennington Farmers' Market on the River Walk Bennington Station Depot Street
Thursday, July 17	3:00–6:00 p.m.	Manchester Farmers' Market Adams Park, Route 7A Manchester Center
Saturday, July 19	10:00 a.m.–1:00 p.m.	Bennington Farmers' Market on the River Walk Bennington Station Depot Street
Saturday, July 26	10:00 a.m.–1:00 p.m.	Bennington Farmers' Market on the River Walk Bennington Station Depot Street

- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.

